

# Proclamation Designating May 2025

## Mental Health Awareness Month in Royal Oak

**Whereas**, mental health includes our emotional, psychological, and social well-being; it affects how we think, feel, and act; it also affects how we handle stress, relate to others, and make choices; and

**Whereas**, mental health is important for our individual well-being and vitality, as well as that of our families, communities, and businesses; and

**Whereas**, nearly one in five American adults will have a diagnosable mental health condition in any given year and more than 42.5 million U.S. adults live with anxiety disorder, the most common mental health condition in America; and

**Whereas**, May through May 31, 2025, is recognized as Mental Health Awareness Month. Mental Health America's 2025 theme is "Turn Awareness into Action", which celebrates the progress we've made in recognizing the importance of mental health and provides challenges to turn understanding into meaningful steps toward change; and

**Whereas**, Oakland Community Health Network (OCHN) joins our national partners in promoting this year's "Turn Awareness into Action" campaign; and

Whereas, mental health management ensures that individuals can focus on their abilities to live, work, learn and fully participate and contribute to our society, while promoting diversity, inclusion, and acceptance; and

Whereas, improved systems of care for vulnerable populations, access to non-emergent and crisis services, advanced integrated physical and behavioral health care along with provider relations help to fortify services coordinated by OCHN; and

Whereas, OCHN, and its service providers agencies, are committed to inspiring hope empowering people, and strengthening communities.

**Now, therefore, be it resolved**, I Mayor Fournier, and members of the Royal Oak City Commission on behalf of the entire Royal Oak Community do hereby proclaim May 2025 Mental Health Awareness Month in Royal Oak, and calls upon our citizens, public and private institutions, faith-based organizations, and schools to recommit our community to increasing awareness and understanding of mental illness, and the need for appropriate and accessible services for all people with mental illnesses to promote recovery and a higher quality of life.



Mayor Michael C. Fournier  
City of Royal Oak

